Psychology services at NHNN

Jatin Pattni
Neuropsychology

- Cognitive assessment
- Planning and monitoring of rehabilitation treatments
- Counselling for patients and relatives
- Aetiology-based group workshops
  - MS
  - Stroke
  - Brain injury
  - Low grade brain tumours
Neuropsychology workshops

- Aim to help patients and their families learn more about their condition
- Give patients and carers an opportunity to explore living with their condition
  - Problem solving
  - Meeting other patients
  - Addressing emotional issues
How to refer

Referral contact address:

- Neuropsychology
  Box 37
  The National Hospital for Neurology and Neurosurgery
  33 Queen Square
  London WC1N 3BG

- **Telephone:** 020 3448 4793 or 020 3448 3292
  **Fax:** 020 3448 4761
  **E-mail:** neuropsychology@uclh.nhs.uk

- Tertiary referrals
  We accept referrals from anywhere in the UK and from General Practitioners..
Other related services

- Vocational Rehabilitation service
- Pain management
- Neuropsychiatry
Preparing children and young people for medical treatment and invasive procedures

WHY WE PREPARE?

To reduce anxiety and stress
Increase understanding
For pain, discomfort, and reactions
Isolation and separation
Rectify misconceptions
To increase compliance and cooperation

HOW WE PREPARE

Play materials familiar to child/YP
Photo books and stories, DVD’s/Internet
Rehearsal with medical equipment
Teddies, dolls, hospital play
Age appropriate explanations
Peer support and shared experiences

INDIVIDUALIZED PREPARATION- one size does not fit all!
How to Contact Us:

- If you have a young person that you would like to refer, please contact:
  - Irene.O’Donnell@uclh.nhs.uk - Service Lead
  - Ex 74626
  - Refferals via email: Playservices.team@uclh.nhs.uk

- T11 South Bleep: 2402
- T11 North Bleep: 2096
- T12 South Bleep: 2437
- T12 North Bleep: 6551
Young persons group

- Recent audit highlighted elevated levels of social isolation in young people with illness.

- Young people report concerns with managing social situations, loss of confidence, loss of opportunity, feeling different

- This impacts on participation in school, further education or work
Aim

- To establish a monthly group for young people attending the NHNN to address issues with isolation.

- Based on existing approach in other hospitals (UCLH and Evelina).

- Facilitated by psychologist.